

# February 2026

Eastpointe High School Breakfast Menu

Free Breakfast is available to all students

Serving Time: 7:00am-7:30am in the cafeteria

Daily Options may include:

**Assorted cereals Breakfast Bars, Pastries and Breads**

**Yogurt**

**Granola**

**Graham Crackers**

**String Cheese**

**Fresh Fruit**

**Assorted Juice**

**Fat Free Flavored Milk**

**1% Unflavored Milk**

**A Complete Breakfast Has Three (3) Components: Grain/Protein,**

**Fruit/Juice/Vegetable and Milk**

**Breakfast Sandwiches Wednesdays!**

**Hot Chocolate Wednesday and Fridays!**