

September 2025

Eastpointe Community Schools

High School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

****Menu Subject to change****

All Lunches served with assortment of sandwiches, salads every day, Yogurt Parfaits Monday Through Thursday

Lunch is served daily please check your school for time and locations

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 1.Spicy Chicken Nuggets w/ WG Corn Bread Mixed Vegetables	3 Hamburger w/Cheese Baked Beans	4 Chicken and Cheese Quesadilla Salsa Sour Cream Black Beans	5 1.Pepperoni/ Cheese Pizza Side Salad
8 1.Popcorn Chicken Bowl with mashed potatoes 2.Chicken Tenders Mixed Vegetables	9 1.WG Breaded Drumsticks W/ WG Hawaiian Dinner Roll Mixed Vegetables	10 Hamburger w/Cheese on WG Bun Baked Beans	11 1. Boneless Wing Thursday! 2. Bosco Sticks Mixed vegetables	12 1.Pepperoni/ Cheese Pizza Side Salad
15 1.Sloppy Joes On WG Bun Crinkle Fries 2. Spicy Chicken Tenders Celery Sticks Baby Carrots w/Ranch	16 1.Beef Meatballs w/mashed potatoes w/gravy 2. Spicy Chicken Patty W/WG Bun Mixed Vegetables	17 1.Hot Dog on a WG Bun 2.Bosco Sticks Corn	18 1.Beef and Cheese Walking Taco salsa and sour cream 2. Beef and cheese Soft Shell Taco Black Beans	19 1.Pepperoni/ Cheese Pizza Side Salad
22 No School	23 1. Chicken Alfredo W/WG Rotini 2. Mozzarella Sticks w/marinara w/broccoli	24 Salisbury Steak w/mashed Potatoes Green Beans	25 Chicken and Cheese Quesadilla Salsa Sour Cream Black Beans	26 1.Pepperoni/ Cheese Pizza Side Salad
29 Corn dogs w/Cheez- its Green Beans	30 1.WG Rotini Pasta with meat sauce w/garlic Bread w/broccoli			