

April 2025

Eastpointe Community Schools

Middle School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy)

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

Menu Subject to change

All Lunches served with assortment of sandwiches, and salads everyday

Yogurt Parfaits on Wednesday and Fridays

Fourth Option Daily: Taco Hummus with Whole Grain Crackers or WG Pretzel Rods

Lunch is served daily, check the school website for times

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Nuggets Smile Fries WG Goldfish	2 Hamburger w/Cheese on WG Bun Baked Beans	3 Beef and Cheese Walking Taco Tostitos Corn	4 Pepperoni Pizza/Cheese Side Salad
7 Cheesy Bosco Sticks Baby Carrots w/ranch	8 Meatballs w/mashed potatoes w/gravy Mixed Vegetables	9 Sloppy Joes on WG Bun Green Beans	10 Chicken and Cheese Quesadilla w/ salsa Corn	11 Pepperoni Pizza/Cheese Side Salad
14 Chicken Teriyaki Bowl w/Fried Rice Steamed Broccoli	15 Spicy Chicken Tenders Crinkle Fries Baby Carrots w/Ranch	16 French Toast, hash brown patties w/turkey sausage	17 Fiesta Pizza w/salsa Corn Black Beans	18 No Lunch
21 No Lunch	25 Chicken Nuggets Smile Fries WG Educational Cookies	26 Turkey and Cheese WG Sub Bun Baby carrots w/ranch	27 Beef and Cheese soft Shell Taco Salsa Black Beans	28 Pepperoni Pizza/Cheese Side Salad
28 Chicken Patty Sandwich on WG Bun Baby carrots w/ranch	29 Fresh Ham and Cheese on WG Pretzel Bun Corn	30 Hamburger w/Cheese on WG Bun Baked Beans		