

February 2026

Eastpointe Middle School Breakfast Menu

Free Breakfast is available to all students

Serving Time: 7:10am-7:30am in the cafeteria

Weekly Options:

Monday: Waffles with Turkey Sausage and Tator Tots

Tuesday: Variety Whole Grain Muffins

Wednesday: Breakfast Sandwich

Thursday: Ultimate Breakfast Round Chocolate Chip

Friday: Assorted WG Bagels

Daily Options:

Assorted cereals Breakfast Bars, Pastries and Breads

Yogurt

Granola

Graham Crackers

String Cheese

Fresh Fruit

Assorted Juice

1% Flavored Milk

1% Unflavored Milk

**A Complete Breakfast Has Three (3) Components: Grain/Protein,
Fruit/Juice/Vegetable and Milk**