

September 2025

Eastpointe Community Schools

High School Breakfast Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All breakfasts are served with juice

All meals come with 1% Milk

Menu Subject to change

Breakfast is served Monday through Friday, check the school website for times

Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Cereal Bar Cinnamon Graham Cracker String Cheese Fresh Fruit	2 WG Raspberry Cinnamon Rolls Cinnamon Crackers Yogurt Fresh Fruit	3 WG Maple Pancakes or WG Cinnamon Crackers Fruit String Cheese	4 Variety WG Muffins Cinnamon Graham Cracker Yogurt Fruit	5 Apple Frudel Cinnamon Graham Cracker String Cheese Fruit
8 WG Cereal Bowl Chat Snax String Cheese Fresh Fruit	9 WG Apple Cinnamon Rolls Chat Snax Yogurt Fresh Fruit	10 WG Waffle Snack Chat Snax Yogurt Fresh Fruit	11 Crispy Blueberry Lemon Bites WG Chat Snax String Cheese Fresh Fruit	12 Mini Cinnis Chat Snax String Cheese Fresh Fruit
15 WG Cereal Bar Cinnamon Graham Cracker String Cheese Fresh Fruit	16 WG Raspberry Cinnamon Rolls Cinnamon Crackers Yogurt Fresh Fruit	17 WG Maple Pancakes or WG Cinnamon Crackers Fruit String Cheese	18 Variety WG Muffins Cinnamon Graham Cracker Yogurt Fruit	19 Apple Frudel Cinnamon Graham Cracker String Cheese Fruit
22 No School	23 WG Apple Cinnamon Rolls Mixed Berry Animal Crackers Yogurt Fresh Fruit	24 WG Waffle Cinnamon Snack Mixed Berry Animal Crackers String Cheese Fresh Fruit	25 Strawberry Nutrigrain Mixed Berry Animal Crackers String Cheese Fresh Fruit	26 Mini Cinnis Mixed Berry Animal Crackers String Cheese Fresh Fruit
29 WG Cereal Bowl Cinnamon Crackers String Cheese Fresh Fruit	30 WG Raspberry Rolls Cinnamon Crackers Yogurt Fresh Fruit			