

September 2025

Eastpointe Community Schools

Middle School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All breakfasts are served with juice

All meals come with 1% Milk

Menu Subject to change

Lunch is served Monday through Friday, check the school website for times

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 1.Chicken Tenders w/cheez-its 2.Cocoa Chickpea Sandwich W/ Cheez-its and string Cheese	3 1.Hamburger w/cheese on WG Hamburger bun 2. Chicken Poppy Salad	4 1.Hot Dog on Wg Bun 2.Ham, salami, cheese salad	5 1.French Bread Pizza w/salad 2. Ham and Cheese Salad
8 1.Grilled Cheese 2. Chicken Nuggets WG Goldfish	26 1.Ham and Cheese Sub 2.Chicken Poppy Salad	27 1.WG Breaded Drumstick w/mashed potatoes 2.Hummus w whole grain pita chips and cubed cheese Green Beans	28 1.Beef soft shelled taco 2.Cocoa WG chickpea sandwich w/string cheese and goldfish	29 Pepperoni Pizza w/salad Ham and Cheese Salad
15 1.WG Macaroni and Cheese 2. Hummus w whole grain pita chips and cubed cheese	2 1.Chicken Tenders w/cheez-its 2.Cocoa Chickpea Sandwich W/ Cheez-its and string Cheese	3 1.Hamburger w/cheese on wg hamburger bun 2. Chicken Poppy Salad	4 1.Hot Dog on Wg Bun 2.Ham, salami, cheese salad	5 1.French Bread Pizza w/salad 2. Ham and Cheese Salad
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