

January 2026

Eastpointe Community Schools High School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

****Menu Subject to change****

All Lunches served with assortment of sandwiches, salads every day, Yogurt Parfaits Monday Through Thursday

Lunch is served daily please check your school for time and locations

Monday	Tuesday	Wednesday	Thursday	Friday
5 Teriyaki Chicken with egg roll w/fried rice	6 Cajun Chicken Alfredo w/wg penne pasta w/dinner roll	7 Spicy Chicken or regular chicken patty Baked Beans	8 1.Hot Dog on WG Bun with corn	9 1.Pepperoni/ Cheese Pizza Side Salad
12 1.Philly Steak on wg sub bun 2.Chicken Tenders Mixed Vegetables w/wg roll	13 1.WG Breaded Drumsticks W/ WG Hawaiian Dinner Roll Mixed Vegetables	14 Hamburger w/Cheese on WG Bun Baked Beans	15 Dill seasoned chicken bites with crinkle fries Cheez-itz	16 No School
19 No School	20 1.Beef Meatballs w/mashed potatoes w/gravy 2.Riblet sandwich on WG Bun Mixed Vegetables	21 1. BBQ Wings 2. Bosco Sticks Mixed vegetables	22 1.Beef and Cheese Walking Taco salsa and sour cream 2. Beef and cheese Soft Shell Taco Black Beans	23 1.Pepperoni/ Cheese Pizza Side Salad
26 1.Spicy Chicken Tenders w/crinkle fries Celery Sticks Baby Carrots w/Ranch	27 Broccoli and Cheese Soup w/ WG Garlic Sticks	28 Spicy Chicken or regular chicken patty Baked Beans	29 1.Hot Dog on WG Bun with corn	30 1.Pepperoni/ Cheese Pizza Side Salad