

October 2025

Eastpointe Community Schools

High School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

All lunches are served with fresh fruit and vegetables

All meals come with 1% Milk

****Menu Subject to change****

All Lunches served with assortment of sandwiches, salads every day, Yogurt Parfaits Monday Through Thursday

Lunch is served daily please check your school for time and locations

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Spicy Chicken or regular chicken patty Baked Beans	2 1.Hot Dog on WG Bun with corn	3 1.Pepperoni/ Cheese Pizza Side Salad
6 1.Popcorn Chicken bowl with mashed potatoes 2.Chicken Tenders Mixed Vegetables	7 1.WG Breaded Drumsticks W/ WG Hawaiian Dinner Roll Mixed Vegetables	8 Hamburger w/Cheese on WG Bun Baked Beans	9 Half Day	10 1.Pepperoni/ Cheese Pizza Side Salad
13 1.Spicy Chicken Tenders Celery Sticks Baby Carrots w/Ranch	14 1.Beef Meatballs w/mashed potatoes w/gravy 2.Riblet sandwich on WG Bun Mixed Vegetables	15 1.French toast sticks with hash browns, turkey sausage 2. Bosco Sticks Mixed vegetables	16 1.Beef and Cheese Walking Taco salsa and sour cream 2. Beef and cheese Soft Shell Taco Black Beans	17 1.Pepperoni/ Cheese Pizza Side Salad
20 No School	21 1. Chicken Alfredo W/WG Rotini or Cajun chicken alfredo pasta w/broccoli	22 Salisbury Steak w/mashed Potatoes Green Beans	23 1. Wings 2. Bosco Sticks Mixed vegetables	24 1.Pepperoni/ Cheese Pizza Side Salad
27 Corn dogs w/sweet potato fries Green Beans	28 1.WG Rotini Pasta with meat sauce w/garlic Bread w/broccoli	29 Buffalo Chicken melt on Texas Toast Green Beans	30 Philly steak Sub with peppers and onions	31 Half Day