

# January 2026

## Eastpointe Middle School Breakfast Menu

Free Breakfast is available to all students

Serving Time: 7:10am-7:30am in the cafeteria

### Weekly Options:

**Monday:** Waffles with Turkey Sausage and tator tots

**Tuesday:** Variety Whole Grain Muffins

**Wednesday:** Breakfast Sandwich

**Thursday:** Ultimate Breakfast Round Chocolate Chip

**Fridays:** Assorted WG Bagels

### Daily Options:

Assorted cereals Breakfast Bars, Pastries and Breads

Yogurt

Granola

Graham Crackers

String Cheese

Fresh Fruit

Assorted Juice

Fat Free Flavored Milk

1% Unflavored Milk

**A Complete Breakfast Has Three (3) Components: Grain/Protein,  
Fruit/Juice/Vegetable and Milk**