

# January 2026

**Eastpointe Middle School Breakfast Menu**

**Free Breakfast is available to all students**

**Serving Time: 7:10am-7:30am in the cafeteria**

## **Weekly Options:**

**Monday: Waffles with Turkey Sausage and tator tots**

**Tuesday: Variety Whole Grain Muffins**

**Wednesday: Breakfast Sandwich**

**Thursday: Ultimate Breakfast Round Chocolate Chip**

**Fridays: Assorted WG Bagels**

## **Daily Options:**

**Assorted cereals Breakfast Bars, Pastries and Breads**

**Yogurt**

**Granola**

**Graham Crackers**

**String Cheese**

**Fresh Fruit**

**Assorted Juice**

**Fat Free Flavored Milk**

**1% Unflavored Milk**

**A Complete Breakfast Has Three (3) Components: Grain/Protein,  
Fruit/Juice/Vegetable and Milk**