

January 2026

Eastpointe Community Schools

Middle School Lunch Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

Yogurt Parfaits offered Wednesdays

Variety of Subs and Salads daily

All meals come with 1% Milk

Menu Subject to change

Lunch is served Monday through Friday, check the school website for times

Monday	Tuesday	Wednesday	Thursday	Friday
5 BBQ Riblet Sandwich on WG Bun Pretzel sticks with cheese Cooked Green Beans	6 Sloppy Joes on WG Bun WG Educational Cookies	7 Hamburger w/cheese Smile Fries Dill Pickles	8 WG Chicken Tenders WG Sweet Potato Fries WG Dinner Roll	9 Pepperoni or Cheese Pizza w/salad
12 Spaghetti and meatballs with WG Garlic Breadstick Fresh Green Beans	13 Chicken Patty on WG Hamburger Buns Baked Beans	14 WG Breaded Drumstick w/mashed potatoes w/dinner Roll Corn	15 Beef and Cheese Nachos w/wg tostitos Black Beans	16 No School
19 No School	20 Dill Chicken Bites w/sweet potato fries WG Cheez-it	21 Hamburger w/cheese on wg hamburger bun Baked Beans	22 Broccoli and Cheese Soup w/ WG Garlic Sticks	23 Pepperoni or Cheese Pizza w/salad
26 Cajun Chicken Pasta w/wg penne w/wg dinner roll	27 Sloppy Joes on WG Bun WG Educational Cookies	28 French Toast w/Tator Tots Turkey Sausage	29 BBQ Chicken Wings w/wg pretzel rods	30 Pepperoni or Cheese Pizza w/salad