

# October 2025

## Eastpointe Community Schools

### Elementary Breakfast Menu

A Complete Meal must have at least 3 Components (Grain, Protein, Fruit, Vegetable and Dairy).

**All breakfasts are served with juice**

**All meals come with 1% Milk**

**\*Menu Subject to change\***

**Breakfast is served Monday through Friday, check the school website for times**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Maple Pancakes or WG Cinnamon Crackers Fruit String Cheese	2 Variety WG Muffins Cinnamon Graham Cracker Yogurt Fruit	3 Apple Frudel Cinnamon Graham Cracker String Cheese Fruit
6 WG Cereal Bowl Chat Snax String Cheese Fresh Fruit	7 WG Apple Cinnamon Rolls Chat Snax Yogurt Fresh Fruit	8 WG Waffle Snack Cinnamon Chat Snax Yogurt Fresh Fruit	9 Crispy Blueberry Lemon Bites WG Chat Snax String Cheese Fresh Fruit	10 Mini Cinnis Chat Snax String Cheese Fresh Fruit
13 WG Cereal Bar Cinnamon Graham Cracker String Cheese Fresh Fruit	14 WG Pumpkin Rolls Cinnamon Crackers Yogurt Fresh Fruit	15 WG Maple Pancakes WG Cinnamon Crackers Fruit String Cheese	16 Variety WG Muffins Cinnamon Graham Cracker Yogurt Fruit	17 Apple Frudel Cinnamon Graham Cracker String Cheese Fruit
20 WG Cereal Bowl Mixed Berry Animal Crackers String Cheese Fresh Fruit	21 WG Pumpkin bread or lemon bread Mixed Berry Animal Crackers Yogurt Fresh Fruit	22 WG Waffle Cinnamon Snack Mixed Berry Animal Crackers String Cheese Fresh Fruit	23 Variety Nutrigrain Bars Mixed Berry Animal Crackers String Cheese Fresh Fruit	24 Mini Cinnis Mixed Berry Animal Crackers String Cheese Fresh Fruit
27 WG Cereal Bar Cinnamon Crackers String Cheese Fresh Fruit	28 WG Raspberry Rolls Cinnamon Crackers Yogurt Fresh Fruit	29 WG Blueberry Pancakes Cinnamon Crackers String Cheese Fresh Fruit	30 Variety WG Muffins Cinnamon Graham Cracker Yogurt Fruit	31 Apple Frudel Cinnamon Graham Cracker String Cheese Fruit