

October 2025

Eastpointe Middle School Breakfast Menu

Free Breakfast is available to all students

Serving Time: 7:10am-7:30am in the cafeteria

Weekly Options:

Monday: Scrambled Eggs with Turkey Sausage and tator tots

Tuesday: Waffles with Chicken Sausage and hash browns

Wednesday: Breakfast Sandwiches

Thursday: Pancakes with Turkey Sausage

Fridays: Assorted WG Bagels

Daily Options:

Assorted cereals Breakfast Bars, Pastries and Breads

Yogurt

Granola

Graham Crackers

String Cheese

Fresh Fruit

Assorted Juice

Fat Free Flavored Milk

1% Unflavored Milk

A Complete Breakfast Has Three (3) Components: Grain/Protein,

Fruit/Juice/Vegetable and Milk