## October 2025 Eastpointe Community Schools EELC/GSRP Breakfast Menu Menu

A Complete Meal must have at least 3 components, choose 3 components (Grain, Fruit, Vegetable and Milk).

All Breakfast comes with 1% Milk \*Menu Subject to change\*

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Yogurt	Cinnamon Goldfish	Banana Muffins
		Banana	String Cheese	WG
		Cinnamon Grahams	Oranges	Blueberries
				1% white milk
6	7	8	9	10
WG Cinnamon Chex	Waffle Cinnamon	Yogurt	Apple cinnamon	Blueberry pancakes
String Cheese	Mini WG	Banana	Muffin WG	WG
Apple Slices	Strawberries	Cinnamon Grahams	Oranges	Blueberries
13	14	15	16	17
Scramble Eggs	WG Mixed Berry	Cinnamon Goldfish	Cinnamon Graham	Banana Muffins
String Cheese	Animal Crackers	Banana	Cracker WG	WG
Apple Slices	Strawberries	Yogurt	Oranges	Blueberries
20	24	22	22	
20	21	22	23	24
No School	Waffle Blueberry Mini WG	Cinnamon Goldfish	Apple cinnamon	Blueberry Pancakes WG
	_	Banana	Muffin WG	
	Strawberries	Yogurt	Oranges	Blueberries
27	28	29	30	31
WG Cheerios	WG Mixed Berry	Yogurt	Cinnamon Goldfish	Banana Muffins
String Cheese	Animal Crackers	Banana	Oranges	WG
Apple Slices	Strawberries	Cinnamon Grahams		Blueberries
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